



Sample Physical Play Policy

'Parent' also refers to carers/guardians

_____ aim to provide the appropriate accommodation, supports and opportunities both indoor and outdoor to support all areas of children's physical well-being, growth and development.

Aims

- We have regard for 'Ready, Steady, Play!' The National Play Policy
- We ensure all children have opportunity to enhance their physical development
- We aim to provide a wide range of quality physical activity opportunities both within and outside the set curriculum for children
- We aim to ensure that all children have the opportunity to develop their confidence, self esteem and enthusiasm to participate in physical activity
- We aim to establish a genuine interest in physical activity among children and promote the importance of physical play with parents

Procedure

- All areas of the setting are well supervised and appropriate levels of staff are present to ensure children have the freedom to move around and play safely
- Children are awarded daily opportunities to play outdoors including planned and unplanned physical activities
- The outdoor play area is viewed by all as an extension to the indoor environment and staff recognise the importance of physical activity both in the outdoor and indoor environment
- Outdoor equipment is appropriate to the age and stage of development of all children in the setting
- Parents are consulted with regularly when planning activities
- All staff are trained in 'Buntus Start' and provisions are made in the weekly plan to include this
- Weather proof clothing is readily available in the setting (e.g. sunhats, rain jackets etc) to allow for outdoor activities all year round
- Provisions are in place for children with additional needs to participate in physical play activities.
- Staff will ensure that physical activities will be fun and as non-competitive as possible.

Indoor Environment

- Staff ensure that children are encouraged and given opportunity throughout the day to move freely around the indoor environment, children are never static for long periods of time
- Planned daily activities in the setting include opportunities for physical activity, e.g. music & movement and drama.

Outdoor Environment

- The outdoor environment is safe, well maintained and easily accessible to all children and adults in the setting regardless of ability/disability.

- Equipment in the outdoor environment provides a range of opportunities for children to enhance their learning and development e.g. climbing, balancing, creativity & problem solving, pouring, swinging, digging & planting
- Opportunities are provided for children to explore other outdoor environments apart from the immediate setting e.g. taken out for walks.

Date Adopted:	
At Meeting of:	
Signed:	
Reviewed:	

SAMPLE